

STARR DETROIT YOUTH ASSISTANCE PROGRAM

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Youth Assistance Program

The Youth Assistance Program will embody an exciting paradigm that dares to imagine and create new possibilities for our youth to help them build their confidence, self-esteem and academic performance. Additionally, we will help youth better understand negative peer interactions, social issues, family issues, pressure to engage in premature sexual activity, teenage pregnancy, substance abuse, truancy from school and/or home, domestic violence and other violent behaviors.

Referral Sources:

- Police, Courts, Schools, Families and Social Service Workers

Overview:

- **General Philosophy:** Strength-based, resilience-focused
- **Community-based Program:** Assists youth with becoming more productive members of society through Positive Youth Development
- **Population:** Males/females, ages 7-17 years
- **Program Length:** 12-24 weeks (3-6 months)

YAP Program Model:

- **Individual Therapy:** Provided according to treatment plan
- **Risk Assessment:** Juvenile Inventory for Functioning (JIFF) Assessment and/or Family Assessment

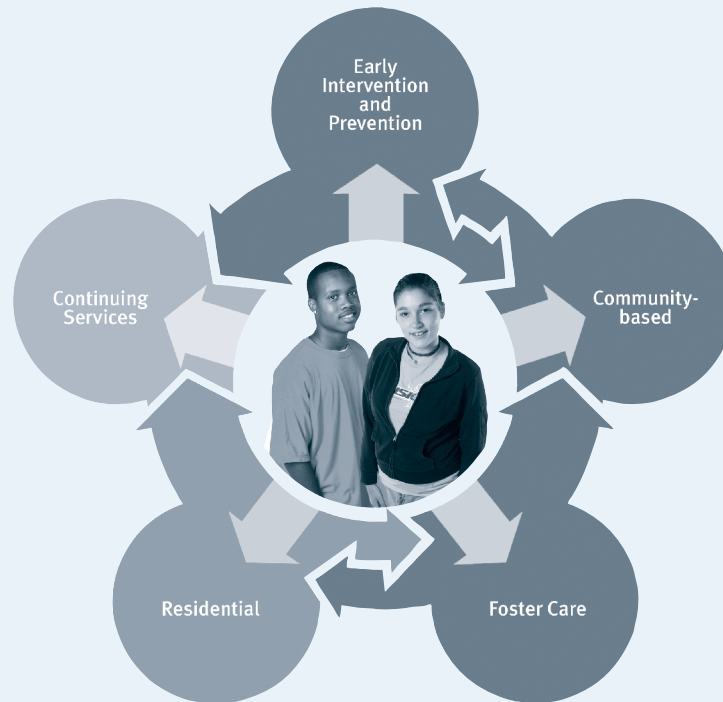
- **Group Therapy:** 2 hours/session. Sessions may occur any day of the week
- **Group Topics:** Anger management, job readiness, conflict resolution, substance abuse education, decision-making and development of pro-social skills
- **Average Caseload:** Ranges from 12-18 based on level of care
- **Recreational Activities:** Sports, self defense, male mentoring, life skills, female mentoring and leadership development

Follow Up:

Youth or caring adult surveyed 3, 6, and 12 months post discharge to determine continued success. Further recommendations provided at that time if needed.

Continuum of Care

Starr provides a comprehensive continuum of programs that meet the individual needs of youth and families at every stage – from residential to foster care to community-based – with family-centered and child-focused services.



Starr Commonwealth is internationally recognized as a leader in transformational programs for children, families, schools and communities. Founded in 1913, Starr's treatment philosophy is rooted in seeing something good in every child, which serves as the guiding principle in its strength-based approach. Starr offers a full spectrum of community-based early intervention and prevention services along with specialized residential programs. Through the Starr Institute for Training, parents, clinicians, educators and childcare professionals now have access to Starr's highly successful and innovative techniques aimed at bringing out the best in every child.

