

STARR DETROIT LIFE SKILLS SUPERVISED INDEPENDENT LIVING

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Overview:

- **General Philosophy:** Strength-based, Positive Youth Development
- **Community-based program:** Provides 24/7 crisis intervention and staff supervision
- **Population:** Abuse/Neglect and/or adjudicated males and females, ages 16-20
- **Placement:** Determined by age, maturity, committing offense and established treatment needs
- **Program Length:** Varies by individual treatment needs and court ordered specifications

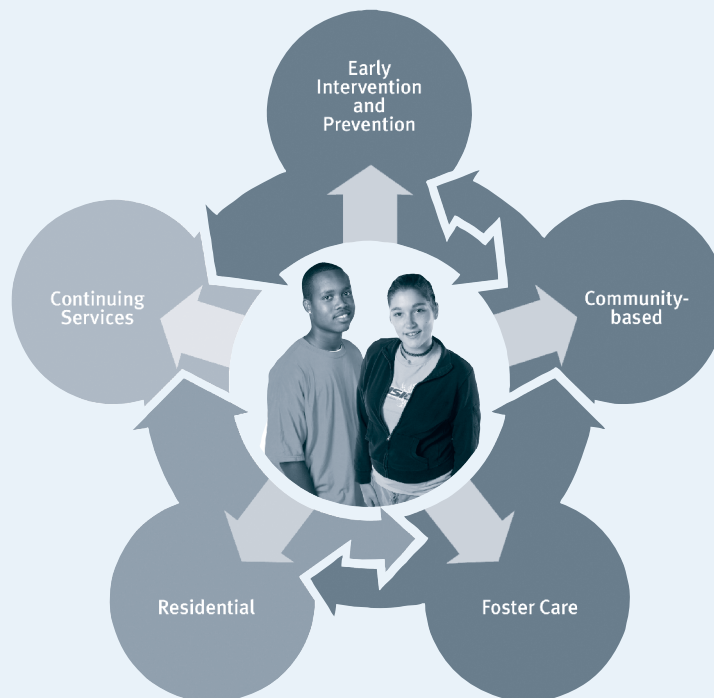
Starr treatment model:

- **Group Meetings:** Program offers weekly substance abuse mentoring and tutoring.
- **Life Space Crisis Intervention:** Staff trained in verbal crisis intervention and skill development.
- **Trauma-Informed Care:** Staff are trained in techniques through The National Institute for Trauma and Loss in Children (TLC) to help youth who have been subjected to traumatic events.
- **Education:** Youth attends local community schools. Independent Living Counselors assist youth with enrolling in appropriate academic settings as well as monitor school progress and provide academic support.
- **Motivational Interviewing:** Staff are trained in techniques geared to increase the child's internal motivation for change.
- **Individual & Family Counseling/Home Visits:** Independent Living Counselors meet with and help youth and involved family members or caregivers define and obtain appropriate treatment goals.
- **Service Learning Restorative Activities:** B.A.R.J. activities are structured, planned for each student and peer group.
- **Medical and Dental Services:** Medical needs are met by licensed community-based doctors. Emergency medical care provided at local community hospitals. Licensed dental care provided by providers in the local community.
- **Life Skills:** Formal and informal education and training in the development of life skills for each student. All students are assisted with obtaining skills in job seeking, resume writing, budgeting, cooking, conflict resolution, appropriate health/hygiene skills, etc.
- **Substance Abuse Education and Counseling:** Available for students when needed.
- **Advocacy:** Link youth to community resources to assist in their plan for independence and development of pro-social activities

- **Transportation:** Youth and their families are provided transportation services to accommodate school enrollment, court hearings, drug screening, therapeutic appointments and other situations that may apply.
- **Scholarships:** Post-secondary academic scholarships are available. Students must apply by the posted deadline and be in good academic standing to be considered.
- **Cultural Competence:** Cultural diversity is evident in all of Starr's programs, and Starr staff work with youth to promote a loving and accepting atmosphere.
- **Follow up:** Youth or caring adult are surveyed 3, 6, and 12 months post discharge to determine continued success. Referrals are provided at that time if needed.

Continuum of Care

Starr provides a comprehensive continuum of programs that meet the individual needs of youth and families at every stage – from residential to foster care to community-based – with family-centered and child-focused services.



Starr Commonwealth is internationally recognized as a leader in transformational programs for children, families, schools and communities. Founded in 1913, Starr's treatment philosophy is rooted in seeing something good in every child, which serves as the guiding principle in its strength-based approach. Starr offers a full spectrum of community-based early intervention and prevention services along with specialized residential programs. Through the Starr Institute for Training, parents, clinicians, educators and childcare professionals now have access to Starr's highly successful and innovative techniques aimed at bringing out the best in every child.