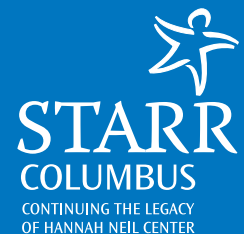


STARR COLUMBUS SEXUAL OFFENDER RESIDENTIAL PROGRAM

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Overview:

- **General Philosophy:** Strength-based, Positive Youth Development
- **Residential, Staff Secure:** Provides 24/7 staff supervision. Doors are not locked on egress
- **Population:** Males, ages 12-18, adjudicated delinquent and/or history of sexually reactive behaviors with court-designated placement
- **Group:** Up to 12 youth per group. Acceptance contingent upon pre-placement interview and placed in a group as determined by age, maturity, cognitive functioning, committing offense and established treatment needs
- **Program length:** Varies by individual treatment needs and permanency planning goal

Psycho-educational treatment model:

- **Individual Therapy:** Minimum of 1 hour/week
- **Group Therapy:** Meetings Monday through Friday with Licensed Clinical Case Managers and Master's-level Clinical Counselors. The following groups are offered:
 - Sexual Offender-Specific (Pathways/Roadmaps)
 - Anger Management
 - Moral Reasoning
 - Positive Alternatives (problem-solving group)
 - Skills Streaming (social skills group)
 - Life Skills
- **Staff Training:** Clinical staff are trained through the Juvenile Sex Offender Counselor Certification Program offered at the University of Louisville Kent School of Social Work.
- **Family Therapy:** On average, bi-weekly sessions for youth with family involvement.
- **Trauma-Informed Care:** Staff are trained in techniques through The National Institute for Trauma and Loss in Children (TLC) to help youth who have been subjected to traumatic events.
- **Safe Crisis Management:** Comprehensive training program focused on preventing and managing crisis events and improving safety in agencies and schools. SCM has a trauma-sensitive approach with emphasis on building positive relationships with individuals.
- **Life Space Crisis Management:** Staff trained in verbal crisis intervention, skill development.

- **Spiritual Development:** Each student is provided the opportunity to meet spiritual needs.
- **Relapse Prevention Worker/Home Visits:** Clinical counselors develop a Relapse Prevention Plan with youth in individual sessions. Components of the Relapse Prevention Plan are also discussed in the Juvenile Sex Offender-specific groups.
- **Service Learning Restorative Activities:** Community volunteer activities are structured and planned for each peer group.
- **Motivational Interviewing:** Staff trained in MI techniques geared to increase one's internal motivation for change.
- **Psychiatric Services:** Youth will be referred for Starr's counseling psychiatric services as needed.
- **Medical and Dental Services:** Medical needs are met by a full-time registered nurse. Students are seen by appointed licensed physician. Licensed dentists and hygienists in the local community meet dental needs through appointments and emergency care.
- **Dietary/Food Services:** Menus, including meals and snacks are developed by a registered dietician.
- **Ansell Casey Assessment:** Provides information from the viewpoint of youth. The Ansell-Casey Life Skills Assessment gives a clear idea of the skills that youth have already mastered and in what areas assistance is needed.
- **Life Skills:** Formal and informal education and training in the development of life skills such as personal hygiene, etiquette and other daily living skills.
- **Scholarships:** Post-secondary academic scholarships are available. Students must apply by the posted deadline and be in good academic standing to be considered.
- **Cultural Competence:** Cultural diversity is evident in all of Starr's programs, and Starr staff work with youth to promote a loving and accepting atmosphere.

Aftercare Services:

Aftercare services are available to youth and families in the Franklin County area. Linkage to aftercare services occur 30 days prior to discharge to ensure a seamless transition back to the community.

Follow Up:

Youth or caring adult are surveyed 3, 6, and 12 months post discharge to determine continued success. Further recommendations are provided at that time if needed.

Starr Commonwealth is internationally recognized as a leader in transformational programs for children, families, schools and communities. Founded in 1913, Starr's treatment philosophy is rooted in seeing something good in every child, which serves as the guiding principle in its strength-based approach. Starr offers a full spectrum of community-based early intervention and prevention services along with specialized residential programs. Through the Starr Institute for Training, parents, clinicians, educators and childcare professionals now have access to Starr's highly successful and innovative techniques aimed at bringing out the best in every child.

Licenses and Accreditations:

Starr Commonwealth is accredited by the Council on Accreditation (COA).

Starr Columbus is licensed by the Ohio Department of Job and Family Services (ODJFS).

Starr Columbus is a certified site by the Ohio Department of Mental Health.

Starr Columbus is certified by the Department of Youth Services as a Juvenile Sexual Offender Treatment program.

