

# STARR COLUMBUS NEW PATHS DELINQUENT RESIDENTIAL PROGRAM



**STARR  
COLUMBUS**  
CONTINUING THE LEGACY  
OF HANNAH NEIL CENTER

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## Overview:

- **General Philosophy:** Strength-based, Positive Youth Development
- **Residential, Staff Secure:** Provides 24/7 crisis intervention. Doors are not locked on egress
- **Population:** Males, ages 14-17
- **Staff Ratio:** 1:7
- **Program Length:** 4-6 months

## Starr treatment model:

- **Individual Therapy:** Minimum of 1 hour/week
- **Group Therapy:** Meetings Monday through Friday with Licensed Clinical Case Managers and Master's-level Clinical Counselors. The following groups are offered:
  - Anger Management
  - Moral Reasoning
  - Positive Alternatives (problem-solving group)
  - Skills Streaming (social skills group)
  - Life Skills
- **Family Therapy:** On average, bi-weekly sessions for youth with family involvement
- **Trauma-Informed Care:** Staff are trained in techniques through The National Institute for Trauma and Loss in Children (TLC) to help youth who have been subjected to traumatic events.
- **Life Space Crisis Management:** Staff trained in verbal crisis intervention, skill development.
- **Safe Crisis Management:** Comprehensive training program focused on preventing and managing crisis events and improving safety in agencies and schools. SCM has a trauma-sensitive approach with emphasis on building positive relationships with individuals.
- **Spiritual Development:** Each student is provided the opportunity to meet spiritual needs.
- **Service Learning Restorative Activities:** Community volunteer activities are structured and planned for each peer group.
- **Motivational Interviewing:** Staff trained in MI techniques geared to increase one's internal motivation for change.

- **Psychiatric Services:** Youth will be referred for Starr's counseling psychiatric services as needed.
- **Medical and Dental Services:** Medical needs are met by a full-time registered nurse. Students are seen by appointed licensed physician. Licensed dentists and hygienists in the local community meet dental needs through appointments and emergency care.
- **Dietary/Food Services:** Menus, including meals and snacks are developed by a registered dietician.
- **Ansell Casey Assessment:** Provides information from the viewpoint of youth. The Ansell-Casey Life Skills Assessment gives a clear idea of the skills that youth have already mastered and in what areas assistance is needed.
- **Life Skills:** Formal and informal education and training in the development of life skills such as personal hygiene, etiquette and other daily living skills.
- **Scholarships:** Post-secondary academic scholarships are available. Students must apply by the posted deadline and be in good academic standing to be considered.
- **Cultural Competence:** Cultural diversity is evident in all of Starr's programs, and Starr staff work with youth to promote a loving and accepting atmosphere.

### **Aftercare Services:**

Aftercare services are available to youth and families in the Franklin County area. Linkage to aftercare services occur 30 days prior to discharge to ensure a seamless transition back to the community.

### **Follow Up:**

Youth or caring adult are surveyed 3, 6, and 12 months post discharge to determine continued success. Further recommendations are provided at that time if needed.

### **Continuum of Care:**

Starr provides a comprehensive continuum of programs that meet the individual needs of youth and families at every stage - from residential to foster care to community-based - with family-centered and child-focused services.

**Starr Commonwealth is internationally recognized as a leader in transformational programs for children, families, schools and communities. Founded in 1913, Starr's treatment philosophy is rooted in seeing something good in every child, which serves as the guiding principle in its strength-based approach. Starr offers a full spectrum of community-based early intervention and prevention services along with specialized residential programs. Through the Starr Institute for Training, parents, clinicians, educators and childcare professionals now have access to Starr's highly successful and innovative techniques aimed at bringing out the best in every child.**

Licenses and Accreditations:

Starr Commonwealth is accredited by the Council on Accreditation (COA).

Starr Columbus is licensed by the Ohio Department of Job and Family Services (ODJFS).

Starr Columbus is a certified site by the Ohio Department of Mental Health.

