

STARR BATTLE CREEK MENTAL HEALTH (IN-HOME & CASE MANAGEMENT)

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Overview:

- **General Philosophy:** Strength-based, Positive Youth Development
- **Community-Based Program:** Provides 24/7 crisis intervention and staff supervision
- **Population:** Males/Females, ages 4-17, with a DSM-IV diagnosis or severe emotional impairment that impacts the ability to function in school, at home or in the community
- **Program Length:** Varies by individual treatment needs

Treatment Model:

- **Life Space Crisis Intervention:** Staff are trained in verbal crisis intervention and skill development.
- **Trauma-Informed Care:** Staff are trained in techniques through The National Institute for Trauma and Loss in Children (TLC) to help youth who have been subjected to traumatic events.
- **Motivational Interviewing:** Staff are trained in techniques geared to increase the child's internal motivation for change.
- **Dialectical Behavior Therapy:** For appropriate participants, a DBT track is offered, which includes individual and group DBT.
- **Education:** Youth attend local community schools, while workers provide academic support and monitoring.
- **Individual & Family Counseling/Home Visits:** Home-based counselors help families and youth define person-centered treatment goals to stabilize mental health functioning. The counselors also meet in the home, providing assistance to the entire family. A minimum of four service hours are provided to each family per month.
- **Service Learning Projects:** For appropriate students, community service projects are designed to help youth become productive members of their community.
- **Psychiatric Services:** Youth will be referred for Starr's psychiatric services when needed.
- **Ansell Casey Assessment:** For youth ages 16+, provides information from the viewpoint of youth. The Ansell-Casey Life Skills Assessment gives a clear idea of the independent living skills that youth have already mastered and in what areas assistance is needed.
- **Life Skills:** Formal and informal training and education in the development of life skills is provided for each age-appropriate student.

- **Advocacy:** Intended to link families to community resources that promote family stability.
- **Substance Abuse Education and Counseling:** Available for youth and families when needed.
- **Scholarships:** Post-secondary academic scholarships are available. Students must apply by the posted deadline and be in good academic standing to be considered.
- **Cultural Competence:** Cultural diversity is evident in all of Starr's programs, and Starr staff work with youth to promote a loving and accepting atmosphere.

Continuum of Care

Starr provides a comprehensive continuum of programs that meet the individual needs of youth and families at every stage – from residential to foster care to community-based – with family-centered and child-focused services.



Starr Commonwealth is internationally recognized as a leader in transformational programs for children, families, schools and communities. Founded in 1913, Starr's treatment philosophy is rooted in seeing something good in every child, which serves as the guiding principle in its strength-based approach. Starr offers a full spectrum of community-based early intervention and prevention services along with specialized residential programs. Through the Starr Institute for Training, parents, clinicians, educators and childcare professionals now have access to Starr's highly successful and innovative techniques aimed at bringing out the best in every child.