

STARR ALBION

SUBSTANCE ABUSE TREATMENT

13725 Starr Commonwealth Road Albion, MI 49224 517.629.5591 800.837.5591 starr.org
Kevin Wing, Intake Director, wingk@starr.org, 517.630.2307
Martha Dobbins, Director of Programs, dobbinsm@starr.org, 517.630.2358



Overview:

- **General Philosophy:** Strength-based, Developmental Model of Recovery (DMR)
- **Non-Secure:** Staff supervision 24/7. Doors are not locked on egress
- **Population:** Males, ages 12-18 (admission prior to 18th birthday), juvenile justice youth
- **Group:** Placement in a group determined by age, maturity, committing offense and established treatment needs
- **Program length:** 90-day program followed by community-based substance abuse services

Psycho-educational treatment model:

- **Group Meetings:** Monday through Friday. Led by Senior Clinician.
- **Co-therapy:** Twice weekly substance abuse-specific therapy with licensed clinicians, including substance abuse therapy and counseling.
- **Life Space Crisis Management:** Staff trained to assess student's "conflict cycle" and determine appropriate interventions to help youth link feelings and behaviors with impact upon self and others.
- **Safe Crisis Management:** Comprehensive training program focused on preventing and managing crisis events and improving safety in agencies and schools. SCM has a trauma-sensitive approach with emphasis on building positive relationships with individuals.
- **Trauma-Informed Care:** Staff are trained in techniques through The National Institute for Trauma and Loss in Children (TLC) to help youth who have been subjected to traumatic events.
- **Education:** Year-round, on-campus school. Teachers, reading specialist, social worker, school psychologist, special education services, resource consultant and educational director employed by Calhoun Intermediate School District. Structured PE classes, special campus activities and on-grounds Adventure Education provided.
- **Spiritual Development and Fine Arts:** Each student is provided the opportunity to meet spiritual needs and develop artistic ability in both on- and off-ground programs, including the All Starr Choir, a student group comprised of talented singers and musicians.
- **Family Counseling/Home Visits:** Family Service Workers have the responsibility to meet with and help the family define goals and work toward the student's return. Visits are encouraged, coordinated and approved by the referring worker.
- **Service Learning:** Structured volunteer activities to help students build self-efficacy, improve self-concept and encourage citizenship.

- **Psychiatric Services:** When appropriate, youth will be referred for Starr's psychiatric evaluation and treatment services provided by a board-certified child and adolescent psychiatrist.
- **Medical and Dental Services:** Medical needs are met by a full-time RN. Licensed physician sees youth by appointment and serves as medical director. Emergency medical care provided at local community hospital. Licensed dental care provided by on-campus and local community providers.
- **Dietary/Food Services:** Using menus developed by a registered dietician, students/staff prepare meals.
- **Life Skills:** Formal and informal education and training in the development of life skills for each student. All students are assisted in preparing a resume, job interviewing skills, cooking, basic finance, personal hygiene and etiquette.
- **Continuing Services:** For each student, a written reintegration plan is created by the student, family and referring worker. Continuing Services are provided for up to one year post-placement.
- **Transportation:** Youth and their families are provided transportation services to accommodate home visits, court hearings and campus meetings and visits.
- **Scholarships:** Post-secondary academic scholarships are available. Students must apply by the posted deadline and be in good academic standing to be considered.
- **Cultural Competence:** Cultural diversity is evident in all of Starr's programs, and Starr staff work with youth to promote a loving and accepting atmosphere.

Continuum of Care

Starr provides a comprehensive continuum of programs that meet the individual needs of youth and families at every stage – from residential to foster care to community-based – with family-centered and child-focused services.



Starr Commonwealth is internationally recognized as a leader in transformational programs for children, families, schools and communities. Founded in 1913, Starr's treatment philosophy is rooted in seeing something good in every child, which serves as the guiding principle in its strength-based approach. Starr offers a full spectrum of community-based early intervention and prevention services along with specialized residential programs. Through the Starr Institute for Training, parents, clinicians, educators and childcare professionals now have access to Starr's highly successful and innovative techniques aimed at bringing out the best in every child.